

**128<sup>th</sup> Anniversary International Medical Congress  
Of  
The Sri Lanka Medical Association  
5<sup>th</sup>-8<sup>th</sup> July 2015**

**Detailed Programme  
“Connect, Communicate, Collaborate for a healthier Nation”**

**Friday, 3<sup>rd</sup> July 2015**

Pre-congress Workshop 1

**Workplace based Research and Writing**

Lionel Memorial Auditorium, Sri Lanka Medical Association

8.30 am – 3.00 pm

08.30am – 09.00am	Registration Chair: Dr. Anuruddha Padeniya & Dr. Sunil de Alwis
09.00am – 09.20am	<b>Introduction to workplace based research; role of Society for Health Research and Innovation (SHRI) in workplace based research</b> Dr. Anuruddha Padeniya
09.20am – 10.00am	<b>A case study presentation on workplace based research</b> Dr. Rashan Haniffa,
10.00am – 10.30am	<b>Situation analysis on current research trends in Sri Lanka</b> Dr. Dineshan Ranasinghe
10.30am – 11.00am	Tea Chair: Dr. P.G Mahipala & Dr. Palitha Abeyakoon
11.00am – 11.30am	<b>The way forward in workplace based research and resources available</b> Dr. Sumal Nandasena
11.30am - 12.00pm	Discussion
12.00pm - 01.00pm	Lunch Chair: Prof. Varuni de Silva & Dr. Anuruddha M Abeygunasekera
01.00pm - 02.00pm	<b>How to write an article to a medical journal</b>

Prof Varuni de Silva

02.00pm - 03.00pm **What editors are interested in seeing in publications**  
DrAnuruddha M Abeygunasekera

03.00pm -03.05pm Vote of thanks

**Pre-congress workshop 2**

**Perspectives of Values in Medicine**

SLMA - Interactive symposium

Clinical Medicine Academic and Research Center (ClinMARC),  
National Hospital of Sri Lanka

8.30 am -12.45 pm

Chair: Prof. Antoinette Perera

Dr. Iyanthi Abeywickrema

08.30 – 09.00am Registration

09.00 0.09.15am **Introduction**  
Dr. Eugene Corea

09.15 – 09.45am **Public Expectation in values in medicine**  
Dr. Nalin Jayasuriya

09.45 – 10.15am **Socio- cultural aspects in values in medicine**  
Prof. Kalinga Tudor Silva

10.15 – 10.45am **Influence of the humanities in values in medicine**  
Dr. Godwin Constantine

10.45 – 11.15am Tea

11.15 - 11.45am **Socio-biological perspectives in values in medicine**  
Prof. Carlo Fonseka

11.45 – 12.15pm **Values in medical practice**  
Dr. Eugene Corea

12.15 – 12.45pm Discussion

**Saturday, 4<sup>th</sup> July 2015**

Pre-congress workshop - 3

**Complementary and alternative medicine: could we integrate for better care**

Lionel Memorial Auditorium, SLMA

9.00am – 3.45pm

Chair: Dr. Palitha Abeykoon & Dr. Upali Marasinghe

- 09.00-09.15am **Introduction to Complementary and Alternative Medicine (CAM)**  
Dr. Senaka Pilapitiya
- 9.15-09.45 am **Systems medicine: does it integrate modern and traditional systems of medicine?**  
Prof. Saroj Jayasinghe,
- 09.45-10.30am **Integrative Gynecological Cancer Treatment- Is there a role?**  
Dr. VijaendrehSubramaniam,
- 10.30 – 11.00 Tea
- Chair: Prof Sisira Siribaddena  
Prof Carlo Fonseka
- 11.00-11.30am **A surgeons experience in an Integrated approach for managing Fistula in ano.**  
Dr. Sujeewa Thalaspitiya
- 11.30-12.00 **New WHO TRM strategy 2014-2023 and integration of TRM into health care system.**  
Dr. Kim Sungchol  
*Regional advisor, Traditional Medicine, HDS, WHO SEARO, New Delhi*
- 12.00 - 12.30pm **Need for understanding and appreciating CAM fundamentals for effective integration.**  
Dr. Senaka Pilapitiya  
*Director, Center for Education and Research in Complementary and Alternative Medicine, Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka*

12.30 – 12.40pm Discussion

12.40 – 01.40pm Lunch

Chairpersons: Prof Saroj Jayasinghe and Prof Rohini Fernandopulle

01.40– 02.10pm **Challenges in CAM Clinical Research**

Prof. Sisira Siribaddana,

**Professor of Medicine, Faculty of Medicine and Allied Sciences,  
Rajarata University of Sri Lanka.**

02.10-02.40 pm **Issues and paradigms in traditional medicine research**

Dr. Kamal Perera,

**Senior Lecture, Institute of Indigenous Medicine, University of  
Colombo.**

03.10-03.30 pm **Overcoming challenges in CAM research and opportunities for  
generating evidence in Sri Lankan context.**

Dr. Suneth Agampodi,

*Senior Lecturer, Department of Community medicine, Faculty of  
Medicine and Allied Sciences, Rajarata University of Sri Lanka.*

03.10-03.30 pm **Overcoming challenges in CAM research-A case study.**

Dr. Wathsala Wijesinghe,

*Senior research officer, Bandaranaike Memorial Ayurveda Research Institute*

03.30-03.50 pm **An integrated community based geriatric care programme- A case  
study.**

Dr. Amali Perera,

*Community Medical officer, Ayurveda Health promotion service,  
Anuradhapura.*

03.50-04.00 pm **Discussion**

04.00 -04.05pm **Vote of thanks**

Dr. Senaka Pilapitiya

Pre-congress workshop -4

**Patient safety: collaborative multi-sector workshop based on cases**

Clinical Medicine Academic and Research Centre (ClinMARC), NHSL

09.00am – 04.15pm

8.00- 8.30 am	Registration
8.30 – 8.35 am	<b>Address by President - SLMA</b> Prof Jeniffer Perera
8.35 – 8.40 am	<b>Address by DDG (MS) 1</b> Dr. Lakshmi C Somatunga
8.40 – 8.45 am	<b>Address by DGHS</b> Dr PG Mahipala
	<b>Patient Safety Experience: International perspective</b> Chair: Dr. Reggie Perera( <i>Former Secretary Health</i> )
8.45– 9.15 am	<b>Current Healthcare Quality and Safety Programme in Sri Lanka</b>  Dr S Sridharan <i>Director Healthcare Quality &amp; Safety</i>
9.15 – 10.00 am	<b>Patient Safety programme in NHS</b>  Prof. Devaka Fernando <i>Consultant Endocrinologist, Sherwood Forest Hospitals</i> <i>Honorary Professor University of Kent</i> <i>Clinical Commissioner Thanet Clinical Commissioning Board</i> <i>Chairman Clinical Standards Committee Regional Diabetes Network</i> <i>Member Diabetes Think Tank (All Party Parliamentary Diabetes Advisory Group)</i>
10.00– 10.45am	<b>Patient Safety Programme in Malaysia Health System: Barriers and Challenges</b>  Dr. Nor' Aishahbt Abu Bakar <i>Director, Head of Patient Safety Unit &amp; Secretariat Patient Safety Malaysia &amp; Medical Care Quality Section, Medical Development Division, Ministry of Health Malaysia</i>
10.45 – 11.00 am	Panel Discussion
11.00– 11.15 am	Tea

**Patient Safety: From Clinical Perspective**

Chair: Dr. Ranjan Dias (*Consultant Pediatric Surgeon*)

11.15– 12.15 pm

**High Reliable Organization and Patient Safety**

Dr Prabhu Vinayagam

*Managing Director – JCI, Asia Pacific Region, Singapore*

12.15– 1.00 pm

**Patient Safety during transplant Surgery: Practical Experience**

Dr. S Vivekanandhan

*Consultant HPB Surgeon & Head of Liver Transplant Surgery –  
Kovai Medical Center & Hospital, India*

1.00 – 1.15pm

Panel Discussion

1.15 – 2.00 pm

Lunch

**Patient Safety: Other issues**

Chair: Prof. Jeniffer Perera (*President – SLMA*)

2.00– 3.00 pm

**Infection Control & Patient Safety**

Dr Mahan Kothalawela

*Consultant Microbiologist, Teaching Hospital Kandy*

3.00– 3.45 pm

**Importance of Communication in Patient Safety**

Dr Neelamani S R Hewageegane

*Director / Health Education Bureau*

3.45 – 4.00 pm

Panel Discussion

4.00 – 4.15 pm

Tea

<p>Pre-congress Workshop 5</p> <p><b>Managing Non cancer pains: key for better clinical practice</b></p> <p>Block C Ground floor, New Auditorium, Faculty of Medicine, Colombo</p> <p>9.00am – 3.45pm</p> <p>Chair: Dr. R Jayamaha</p>	
09.00 – 09.25am	<p><b>Introduction</b></p> <p>Dr R Jayamaha</p> <p><i>Consultant Physician, Provincial Hospital, Badulla</i></p>
09.30 – 09.55am	<p><b>Pharmacology of Pain management</b></p> <p>Dr. Nirmala Wijekoon</p> <p>Senior lecturer in Pharmacology, Faculty of Medicine, NCTH</p>
10.00 – 10.25am	<p><b>Management of Common Nociceptive Pain</b></p> <p>Dr I. Athukorala</p> <p>Specialist Rheumatologist and Senior lecturer in Medicine, Faculty of Medicine, Colombo</p>
10.25 – 10.45am	Tea
10.45 – 11.10am	<p><b>Management of Common Neuropathic Pain</b></p> <p>Dr T. Chang Specialist Neurologist and Senior lecturer in Medicine, Faculty of Medicine, Colombo</p>
11.15 – 11.40am	<p><b>Orthopedic Management of non-cancer pain</b></p> <p>Dr Y. Jayasinghe</p> <p>Consultant Orthopedic Surgeon, Provincial General Hospital, Badulla</p>
11.45 – 12.10pm	<p><b>Common, safe and rewarding Interventions - for Non-cancer pain</b></p> <p>Prof. Magdi Ramzilskander</p> <p><i>Prof. of Anaesthesia and Pain Relief, National Cancer Institute, Cairo University</i></p>
12.15 – 12.40pm	<p><b>Physiotherapy for common non-cancer pain</b></p> <p>Miss. Nadeesha Kalyani</p> <p><b>Nadeesha Kalyani</b></p> <p>Lecturer,</p>

	Allied Health Sciences Unit, Faculty of Medicine, University of Colombo, Sri Lanka.
12.45 – 01-45pm	Lunch
01.45 – 02.10pm	<b>Neurosurgical Management of non-cancer pain</b> Dr N Kumarasinghe <i>Consultant Neurosurgeon, Teaching Hospital, Kandy</i>
02.15 – 02.40pm	Panel Discussion and questions from audience
02.45- 03.10pm	<b>World Institute of Pain and its Contribution towards standardization of care</b> Prof. MagdiRamzilskander, <i>Prof. of Anaesthesia and Pain Relief, National Cancer Institute, Cairo University</i>
03.15 – 03.40pm	<b>Floor plan for Comprehensive Pain Care in Sri Lanka</b> Dr. C. Arambepola <i>Consultant Community Physician, Senior Lecturer, Department of Community Medicine, Faculty of Medicine, University of Colombo</i>
03.40 – 03.45pm	Vote of thanks Dr R Jayamaha



Sunday, 5<sup>th</sup> July 2015

<p>Pre-congress workshop 6</p> <p><b>“Past, Present and Future Challenges of Health and Nutrition of Estate/Plantation Community”</b></p> <p>Lionel Memorial Auditorium, SLMA</p> <p>8.30 am – 4.00 pm</p>	
8.30am – 9.00 am	Registration
	<b>Chair: Prof. Samath D. Dharmaratne &amp; Dr. Kumari Vinodhani Navaratne</b>
9.00 am – 9.15 am	<b>Welcome speech and introduction to the workshop</b> Dr. Piyal Ratnayaka <i>Director, Estate and Urban Health Unit/Ministry of Health, Sri Lanka</i>
9.15 am -9.30am	<b>Introduction to the Health of Estate/Plantation worker in Sri Lanka</b> Dr. Nithershini Periyasamy <i>Consultant Community Physician/Estate and Urban Health Unit/ Ministry of Health, Sri Lanka</i>
9.30am –9.45 am	<b>Guest speech</b> Hon. Minister P.Digambaram <i>Ministry of Plantation Infrastructure Development , Sri Lanka</i>
9.45am – 10.30 am	<b>The 30-year changes of major public health problems in Chinese children aged 7-18 years</b> Professor Haijun Wang <i>Professor, Associate Director, Institute of Child and Adolescent Health, Peking University, China</i>
10.30am -11.00am	Tea
	<b>Chair: Dr. B.V.S Benaragama &amp; Dr. Nithershini Periyasamy</b>
11.00 am – 11.30am	<b>World Bank presentations on Estate Nutritional survey</b> Dr. Upul Senerath <i>Senior Lecturer, Department of Community Medicine, Faculty of Medicine, University of Colombo</i>
11.30am – 12 noon	<b>World Bank presentations on Estate Nutritional survey</b> Dr. Kumari Vinodhani Navaratne <i>Senior Health Specialist, World Bank, Sri Lanka</i>
12.00-12.30 pm	<b>World Bank presentations on Estate Nutritional survey</b> Dr. Nithershini Periyasamy <i>Consultant Community Physician/Estate and Urban Health Unit/ Ministry of Health, Sri Lanka</i>

12.30 – 1.00 pm	<p><b>Intestinal Helminthic infection in the past, present and future in the estate community</b></p> <p>Dr. Devika Itawala  <b>Senior Lecturer, Department of Parasitology, Faculty of Medicine, University of Peradeniya</b></p> <p>Dr. S. Wickramasingha  <i>Senior Lecturer, Department of Parasitology, Faculty of Medicine, University of Peradeniya</i></p>
1.00pm – 2.00pm	Lunch
	<b>Chair: Dr. Piyal Ratnayaka &amp; Prof. Samath D. Dharmaratne</b>
2.00 pm – 2.30 pm	<p><b>Challenges of Cancer control among the Estate community</b></p> <p>Dr. N. Jeyakumaran  <i>Clinical Oncologist, National Cancer Institute of Sri Lanka, Maharagama</i></p>
2.30- 2.45pm	<p><b>Health service delivery challenges in the estates at district level</b></p> <p>Dr. Nimal Gamagedara  <i>Consultant Community Physician, Provincial Director of Health Services Office/Badulla</i></p>
2.45 pm – 4.00pm	<p><b>Panel discussion</b></p> <p>Dr. Siyambalagoda DDG PH II, Dr. Piyal Ratnayaka, Dr. P Nithershini, Dr. Kumari Navaratne, Prof. Haijun Wang,</p> <p>Prof Jun Ma  <i>Director, Institute of Child and Adolescent Health, Peking University, China,</i></p>
4.00pm	Vote of Thanks
<p>Pre-congress workshop 7</p> <p><b>Approach to Sleep Symptoms: Sleepy or Sleepless</b></p> <p>Block C Ground floor, New Auditorium, Faculty of Medicine, Colombo</p> <p>8.30 am -4.20 pm</p>	
8.30 - 9.00am	Registration
	<b>Chair: Dr. Paadma Gunaratne &amp; Dr. Amitha Fernando</b>
9.00 - 9.25am	<p><b>Sleep related breathing disorders: an overview</b></p> <p>Dr. Thushara Galabada</p>

	<i>Consultant Respiratory Physician, District General Hospital, Hambanthota.</i>
9.30 – 9.55am	<b>Clinical assessment of patients with sleep related breathing disorders</b> Dr. S. Rishikesavan <i>Acting Consultant Respiratory Physician, Teaching Hospital, Batticaloa</i>
10.00 – 10.25	<b>Introduction to polysomnography and selected cases</b> Prof. Manjari Tripathi <i>Professor Neurology, NIH Fellow (UCLA), Department of Neurology, Neurosciences Centre, All india Institute of Medical Sciences, New Delhi</i>
10.25 – 10.45am	Tea
	<b>Chair: Dr. Chandra Jayasuriya &amp; Dr. Sudath Gunasekara</b>
10.45 – 11.10am	<b>Cardiovascular and metabolic consequences of OSA</b> Dr. Amitha Fernando <i>Consultant Respiratory Physician, CCC/National Hospital of Sri Lanka, Colombo.</i>
11.15 -11.40am	<b>Respiratory physicians approach to managing OSA</b> Dr. B. V. Murali Mohan, <i>Senior Consultant Pulmonologist and Director, Dept. Internal Medicine/Pulmonology, Narayana Hrudayalaya, Bangalore.</i>
11.45– 12.10pm	<b>ENT Surgeons’ role in management of sleep disordered breathing – an update</b> Dr. Daminda Dumingoarachchi <i>Consultant ENT Surgeon, Teaching Hospital, Anuradhapura.</i>
12.15 – 12.40pm	<b>Multiple sleep latency tests</b> Prof. Manjari Tripathi
12.45 – 01.45	Lunch
	<b>Chair: Dr. Sunethra Senanayake &amp; Dr Eshanth Perera</b>
1.45 – 2.10pm	<b>Parasomnias and sleep related movement disorders</b> Prof. Manjari Tripathi
2.15 -2.40pm	<b>Approach to patient with Insomnia and sleep hygiene and behavioral management</b> Dr. Asiri Rodrigo <i>Consultant Psychiatrist, Senior Lecturer in Psychiatry ,Faculty of Medicine, University of Kelaniya</i>
2.45 – 3.30pm	<b>Case based discussion on sleep related disorders</b> Dr. Amitha Fernando, Consultant Respiratory Physician, CCC / National Hospital of Sri Lanka

3.30 – 4.15pm	<b>Hands on experience on sleep related breathing disorder technologies(CPAP)</b> Dr. B.V. Murali Mohan, Senior Consultant Pulmonologist, Narayana Hrudayalaya, Bangalore.
4.15 – 4.20 pm	Vote of thanks
<p>Pre-congress workshop 8</p> <p><b>Allergy- the unmet need</b></p> <p><i>Conducted in collaboration with the Ceylon College of Physicians and Allergy and Immunology Society of Sri Lanka</i></p> <p>Clinical Medicine Academic and Research Centre (ClinMARC), NHSL</p> <p>8.30 am - 4.15 pm</p>	
8.30 am – 9.00 am	Registration
9.00 am – 9.05 am	Lighting the oil lamp
9.05 am – 9.15 am	<b>Address by Allergy and Immunology Society, Sri Lanka</b> Dr. Rajiva de Silva Consultant Immunologist, Medical Research Institute
Session 1	Chair: Dr. B.J.C Perera and Dr. Ganga Siramanne
9.15 am – 9.40 am	<b>ISAAC study in Sri Lanka; Prevalence of Allergic diseases in Sri Lanka</b> Dr. Keerthi Gunasekara Consultant Respiratory physician, Chest clinic, Colombo
9.45 am – 10.10 am	<b>Chronic urticaria and angioedema</b> Dr. Leong Khai Pang Senior Consultant Clinical Immunologist, Tan Tock Seng Hospital, Singapore
10.15 am – 10.40am	<b>Food allergies</b> Dr. Neelika Malavige, Senior Lecturer and Immunologist, Faculty of Medical Sciences, University of Sri Jayawardenepura
10.40 am – 11.00 am	Tea
Session 2	Chair: Dr. Nirmala Wijekoon and Dr. Neelika Malavige
11.00 – 11.25 am	<b>Insect venom allergy</b> Dr. Rajiva de Silva, Consultant Immunologist, Medical Research Institute, Colombo

11.30 am – 11.55 am	<b>Immunotherapy for insect venom anaphylaxis</b> Dr. Leong Khai Pang
12.00 - 12.25 am	<b>Drug allergy</b> Dr. Siraj Misbah Consultant Immunologist, Oxford Radcliffe NHS Trust, UK
12.30 pm – 01.30 pm	Lunch
Session 3	Chairperson: Dr. Rajiva de Silva
1.30 pm – 1.55 pm	Perioperative anaphylaxis <b>Dr. Siraj Misbah</b>
2.00 pm-4.00 pm	<b>Interactive Teaching Session: ANAPHYLAXIS</b> By the Ceylon College of Physicians  Dr. Nirmala Wijekoon Consultant Physician & Senior Lecturer in Pharmacology, University of Kelaniya  Dr. Chandimani Undugodage Consultant Respiratory Physician & Senior Lecturer in Physiology Faculty of Medical Sciences, USJP
04.00 pm – 04.15 pm	Tea

<b>Sunday 5<sup>th</sup> July 2015</b> <b>6.00 pm – 9.30 pm</b>	<b>Inauguration Ceremony</b> Oak Room, Cinnamon Grand, Colombo  <b>SLMA oration</b> <b>“Friendly fire – neurons under attack ! Studies from Sri Lanka”</b> Dr. Thashi Chang
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<b>6<sup>th</sup> July 2015</b>		<b>Day 1</b>
08.00 – 08.30am	Registration	
08.30 – 09.15am	<b>Key note address</b> “Connect Communicate and collaborate for improved Health and Healthcare: Strategies and challenges” Prof Lalitha Mendis	
09.15 – 09.45am	<b>Plenary 1</b> The transformative impact of biologics on clinical medicine. Dr.Siraj Misbah <i>Consultant Clinical Immunologist, Head/Department of Clinical Immunology, Oxford NHS trust, Oxford</i>	
09.45 – 10.30am	<b>Professor N D W Lionel Memorial Oration</b> “A lifetime of research in pulmonology” Dr. BJC Perera	
10.30 – 11.00am	Tea	
<b>Hall A</b>	<b>Infections</b>	
11.00 – 11.30am	Guest Lecture 1 <b>Battle for dominance: Can the Trilogy of Antibiotic Stewardship, PK/PD strategies and new drugs win the Power of the Ring - Antimicrobial Resistance?</b> Dr Rohan Chinniah <i>Consultant Clinical Microbiologist and Infection Control, Raja Isteri Pengiran Anak Saleha (RIPAS) Hospita,l Ministry of Health, Bandar Seri Begawan            Brunei Darussalam</i>	
11.30 – 01.00pm	<b>Symposium 1</b> <b>Pneumococcal diseases - How can we win the battle?"</b> <b>Pneumococcal diseases- morbidity, mortality and fatal entities</b>	

	<p>Prof. S.P. Lamabadusuriya <i>Consultant Paediatrician and Emeritus Professor of Paediatrics, Faculty of Medicine, University of Colombo</i></p>								
	<p><b>How best can we deal with diagnosis and management of drug resistance</b> Dr. Shirani Chandrasiri <i>Consultant Clinical Microbiologist, Colombo South Teaching Hospital</i></p>								
	<p><b>Pneumococcal vaccines ; bridging the age gap and broadening the scope</b> Dr.Kanthi Nanayakkara Consultant Virologist/ Vaccinologist, MRI</p>								
01.00 – 02.00pm	<b>Lunch</b>								
02.00 – 03.30pm	Free paper sessions 1								
03.30 – 05.00pm	<p><b>Symposium 4</b> <b>Hepatitis and HIV: Implications for Care</b></p> <table border="1"> <tr> <td>Late diagnosis and adverse outcomes related to hepatitis and HIV in South East Asia</td> <td>Dr Nicole Seguy, Technical Officer HIV, WHO India</td> </tr> <tr> <td>Newer treatment options for hepatitis: better impact on life. Are we achieving this?</td> <td>Dr Madunil Niriella, Senior Lecturer, Department of Medicine, University of Kelaniya and Consultant Gastroenterologist</td> </tr> <tr> <td>Issues in managing patients with co-infection in Sri Lanka</td> <td>Dr Lilani Rajapaksa, Senior Consultant Venereologist, NSACP</td> </tr> <tr> <td>What can the laboratory offer for the management of co-infection ?</td> <td>Dr Geethani Galagoda, Consultant Microbiologist, MRI</td> </tr> </table>	Late diagnosis and adverse outcomes related to hepatitis and HIV in South East Asia	Dr Nicole Seguy, Technical Officer HIV, WHO India	Newer treatment options for hepatitis: better impact on life. Are we achieving this?	Dr Madunil Niriella, Senior Lecturer, Department of Medicine, University of Kelaniya and Consultant Gastroenterologist	Issues in managing patients with co-infection in Sri Lanka	Dr Lilani Rajapaksa, Senior Consultant Venereologist, NSACP	What can the laboratory offer for the management of co-infection ?	Dr Geethani Galagoda, Consultant Microbiologist, MRI
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What can the laboratory offer for the management of co-infection ?	Dr Geethani Galagoda, Consultant Microbiologist, MRI								
05.00 – 05.30pm	Tea								
07.00pm onwards	Doctors concert								
<b>Hall B</b>	<b>Preventive Medicine</b>								
11.00am – 11.30am	<p><b>Guest Lecture 2</b> Improving glycaemic control using Insulin pump therapy Prof. Devaka Fernando</p>								
11.30 – 01.00pm	<b>Symposium 2</b>								

	<p><b>One health concept: Way forward in controlling antimicrobial resistance</b></p>
	<p><b>Antibiotic usage in animal husbandry in industry sector</b>  Dr.H.P.Premasiri  <i>General Manager, Pussella farm</i>  <i>Former technical Manager of Gold Coin Feed Mills Lanka Ltd</i>  <i>Former senior poultry adviser for Afghanistan- The Food and Agriculture Organization of the United Nations (FAO)</i>  <i>Past President of Sri Lanka Veterinary Association</i></p>
	<p><b>Guidelines and recommendations for use of antibiotics in animal husbandry (especially in fisheries including shrimp farming)</b>  Mrs.Sharmila Corea  Scientist, The National Aquatic Resources Research and Development Agency (NARA)</p>
	<p><b>The extent of antibacterial usage in Veterinary practice and its role in acquiring resistance</b>  Prof. Preeni Abeynayake  Professor of Veterinary Pharmacology, Faculty of Veterinary Medicine and Animal Sciences, University of Peradeniya</p>
	<p><b>Causes, magnitude, impact of antibiotic resistance in Sri Lanka</b>  Dr.Kushlani Jayatilleka,  <i>Consultant Clinical microbiologist, Sri Jayewardenepura General Hospital,</i>  <i>A member of Antimicrobial Resistance Surveillance Project (ARSP) of Sri Lanka College of Microbiologists</i></p>
	<p><b>Controlling antimicrobial resistance- Way forward</b>  Dr. Janakan Navaratnasingam  National Professional officer- WHO</p>
	<p>Panel discussion</p>
01.00 – 02.00pm	Lunch
02.00 – 03.30pm	Free paper sessions 2
3.30 – 5.00 pm	<p><b>Symposium 5</b>  <b>NCD Control in Sri Lanka</b></p>
	<p><b>Challenges ahead – in achieving global NCD targets</b>  Dr.Palitha Karunapema  Consultant Community Physician, Deputy Director Rehabilitation and Rheumatology Hospital, Ministry of Health, Sri Lanka</p>



	<p><b>Challenges faced in achieving optimum care for risk factor control in the curative sector</b>  Dr. Ruwan Ekanayaka  Former Consultant Cardiologist, National Hospital of Sri Lanka</p>
	<p><b>Perceptions of a care giver on delivery for control of NCDs in primary health care setting</b>  Dr. Sameera Maduglle  MO - NCD, Nuwaraeliya</p>
	<p><b>Health sector response in controlling NCDs: strategies and challenges</b>  Dr. Palitha Mahipala  Director General of Health Services, Ministry of Health, Sri Lanka</p>
5.00 – 5.30 pm	Tea
07.00 pm onwards	Doctor's concert
<b>Hall C</b>	<b>Behaviour and Health</b>
11.00 – 11.30am	<p><b>Guest Lecture 3</b>  Why is it important to focus on schools as a health promotion setting?  Dr. Nicholas Townsend  Cardiovascular Disease epidemiology research programme, University of Oxford</p>
11.30 – 01.00pm	<p><b>Symposium 3</b>  <b>Awkward Problems and Plausible Solutions - Managing Medically Unexplained Symptoms</b></p> <p><b>And then there were none - The enigma called functional problems</b>  Dr. Harshini Rajapakse  <i>Senior Lecturer, Department of Psychiatry, Faculty of Medicine, University of Ruhuna</i></p> <p><b>What and how to communicate – understanding and explaining functional disorders</b>  Prof. Pali Hungin  <i>Dean of Clinical Medicine  School of Medicine, Pharmacy and Health  University of Durham, UK</i></p> <p><b>Management: Explaining the unexplained</b>  Prof. Diyanath Samarasinghe  <i>Associate Professor in Psychiatry, Faculty of Medicine, University of Colombo</i></p>
01.00 – 02.00pm	Lunch
02.00 – 03.30pm	Free paper sessions 3

3.30 – 5.00 pm	<b>Symposium 6</b> <b>Essentials in Clinical Sexual Medicine</b>
	<b>Late Onset Hypogonadism -Facts &amp; Myths</b> Dr. Lasantha Malavige Specialist in Sexual Medicine, Asiri Surgical Hospital
	<b>Advances in Erectile Dysfunction Management</b> Dr. David Edwards President, British Society of Sexual Medicine
	Who needs sex therapy? Prof. Diyanath Samarasinghe Associate Professor in Psychiatry, Faculty of Medicine, University of Colombo
5.00 – 5.30 pm	Tea
07.00pm onwards	Doctors concert

<b>Tuesday, 7<sup>th</sup> July - Day 2</b>		
07.30 – 08.30am	Breakfast meeting <b>Modifying behavior for health</b> Prof. Diyanath Samarasingha Dr. Mahesh Rajasuriya	Registration
08.30 -09.00am	<b>Plenary 2</b> <b>Westnile virus: A mosquito borne disease, Is sri Lanka susceptible to an outbreak?</b> Prof. Ng Mah Lee, Mary, Department of Microbiology, YLL SOM, National University of Singapore	
<b>Hall A</b>	<b>Clinical medicine</b>	
9.00 -10.30am	<b>Symposium 7</b> <b>Stroke: Optimizing care: an overview</b>	
	<b>Could stroke be prevented? Up-to-date evidence</b> Dr. Jeyaraj Durai Pandian <i>Department of Neurology, Deputy Director (Research and Development), Christian Medical College, India</i>	
	<b>Stroke - First 24 hours: a window of opportunity</b>	

	<p>Dr. Senaka Bandusena <i>Consultant Neurologist, NHSL</i></p> <p><b>Rehabilitation of stroke in resource constraint settings</b> Dr. Jeyaraj Durai Pandian</p>
10.30-11.00am	Tea and poster viewing
11.00- 11.30am	<p><b>Guest Lecture 4</b> <b>End of life care</b> Prof. Sally McCarthy <i>Clinical Director, Emergency Care institute, Conjoint Associate Professor, UNSW</i></p>
11.30 am – 1.00 pm	<p><b>Symposium 10</b> <b>Glomerulonephritis</b></p>
	<p><b>Infection related Glomerulonephritis</b> Dr. Michelle Estrella <i>Assistant Professor of Medicine, School of Medicine,, Johns Hopkins University</i></p>
	<p><b>Management of IgA Nephropathy</b> Dr AWM Wazeel <i>Consultant Nephrologist, General Hospital Kandy</i></p>
	<p><b>Update on Crescentic Glomerulonephritis</b> Dr. Anura Hewageegana <i>Consultant Nephrologist, National Institute of Nephrology Dialysis and Transplantation</i></p>
1.00 – 2.00pm	<p>Lunch, poster viewing &amp; Debate <b>‘Decriminalizing commercial sex will reduce Sexually Transmitted Infections’</b></p>
2.00 – 3.30 pm	Free paper session 4
3.30 – 5.00pm	<p><b>Symposium 13</b> <b>Emergency Medicine</b></p> <p><b>How EM integrates into the healthcare system in Sri Lanka</b></p> <p>Dr Sally McCarthy <i>Clinical Director, Emergency Care Institute Conjoint Associate Professor UNSW, Australia</i></p> <p>Sepsis and severe sepsis management in ED-a tool kit for Emergency Department Dr Nalin Kithulwaththa <i>Consultant Paediatric Intensivist, Lady Ridgway Hospital</i></p>

	<p>Non Invasive Ventilation in low resource ED-a Sri Lankan experience  Dr Krishantha Jayasekara  <i>Consultant Physician , Emergency &amp; Trauma Centre, Teaching Hospital, Karapitiya</i></p>
5.00 – 05.30 pm	Tea
5.30 pm onwards	<p>Dr. S.C. Paul oration  “<b>Analysis of anaesthetic adaptations and observations in Thoracoscopic and Laparoscopic surgeries</b>”  Dr. Vasanti Pinto</p>
<b>Hall B</b>	<b>Foetal, Neonatal and Paediatric Medicine</b>
9.00 -10.30am	<p><b>Symposium 8</b>  <b>Addressing Challenges of Child Sexual Abuse through an Integrated Service Approach</b></p>
	<p><b>Effects of sexual abuse on the child victim: evidence from international research</b>  Dr. Rita Shackel  <i>Associate Professor, Sydney Law school, University of Sydney, Australia</i></p>
	<p><b>Sri Lankan experience in the multi-sectoral management of child sexual abuse</b>  Prof. Asvini D. Fernando  <i>Associate Professor in Paediatrics, Faculty of Medicine, University of Kelaniya, Sri Lanka</i></p>
	<p>Child sexual abuse and the crisis of awareness  Mr. Sajeeva Samaranayake  <i>Deputy Chairman, National Child Protection Authority, Sri Lanka</i></p>
	Discussion
10.30-11.00am	Tea and poster viewing
11.00- 11.30am	<p><b>Guest Lecture 5</b>  Advances in Interventional Paediatric Cardiology  Dr. Shehan Perera  <i>Paediatric Cardiothoracic Surgeon, Lady Ridgeway Hospital, Colombo</i></p>
11.30 am – 1.00pm	<p><b>Symposium 11</b>  <b>Facing transition in chronic illness</b></p>
	<p><b>Whats happening to me</b>  Dr. Navoda Atapattu  Consultant Paediatric Endocrinologist , Lady Ridgeway Hospital</p>
	<b>Unheard perspectives</b>

	<p>Dr. Sudarshi Seneviratne <i>Senior Lecturer and Honorary Child and Adolescent Psychiatrist, Lady Ridgeway Hospital for Children</i></p>
	<p><b>How prepared are we?</b> Dr. Chaminda Garusinghe Consultant Paediatrician</p>
	<p><b>Building the bridges</b> Dr. Ruwanthi Perera Senior Lecturer, Department of Paediatrics, Faculty of Medical Sciences, University of Sri Jayewardenepura</p>
1.00 – 2.00pm	<p>Lunch, poster viewing &amp; Debate <b>‘Decriminalizing commercial sex will reduce Sexually Transmitted Infections’</b></p>
2.00 – 3.30pm	<p>Free paper session 5</p>
03.30 -05.00pm	<p><b>Symposium 14</b> <b>Foetal and early neonatal care in high risk pregnancies</b></p>
	<p><b>Antenatal Fetal Monitoring</b> Dr Tiran Dias, Senior Lecturer in Obstetrics and Gynecology, University of Kelaniya</p>
	<p><b>Intra-partum fetal monitoring</b> Dr. Austin Ugwumadu <i>Consultant Obstetrician &amp; Gynecologist, St George's Hospital, London</i></p>
	<p><b>Early neonatal care for compromised baby</b> Dr Nishani Lucas <i>Senior Lecturer, Faculty of Medicine, Colombo</i></p>
05.00 – 05.30 pm	<p>Tea</p>
05.30 pm onwards	<p>Dr. S.C. Paul oration (Hall A)</p>
<b>Hall C</b>	<p><b>System Development</b></p>
09.00 -10.30am	<p><b>Symposium 9</b> <b>Multi-sectoral approaches to promote nutrition</b> <b>Chair: Dr Prasad Katulanda and Dr Palitha Abeykoon</b></p>
	<p>Part I</p>
	<p><b>Overview of the project: Integrating Nutrition Promotion And Rural Development (INPARD)</b>  Seenithamby Manoharan, <i>Senior Rural Development Specialist, World Bank, Sri Lanka</i></p>

	<p><b>Global perspectives and non-health interventions to promote nutrition</b></p> <p>Prof. Sharon Friel <i>Professor in Health Equity, Australian National University, Australia.</i></p>
	<p><b>Evaluation methods and baseline survey findings</b></p> <p>Dr Nicholas Townsend Senior Researcher, University of Oxford.</p>
	<p><b>Nutrition Friendly School Initiative (NFSI) criteria and a new tool to identify multi-sectoral interventions to promote nutrition in schools.</b></p> <p>Julianne Williams <i>Researcher, University of Oxford</i></p>
	<p>Part II</p>
	<p>Forum with multi-sectoral experts with questions and answers</p> <p><b>What can we learn from INPARD and future opportunities to strengthen nutrition promotion policies?</b></p> <ul style="list-style-type: none"> <li>• Director General of Health Services or his representative</li> <li>• Director General of Agriculture</li> <li>• Project Director- Re-awakening Project, Ministry of Economic Development, Mr S.K. Liyanage</li> <li>• Divisional Secretary from Moneragala District</li> <li>• Curriculum development lead resource person (INPARD curriculum for nutrition promotion) Dr. Indika Karunathilake</li> </ul>
10.30-11.00am	Tea and poster viewing
11.00 – 11.30 am	<p><b>Guest lecture 6</b></p> <p>Health equity , social determinants and health policy Professor Sharon Friel, Australian National University</p>
11.30 am – 1.00 pm	<p><b>Symposium 12</b></p> <p><b>Clinical Teaching</b></p>
	<p style="text-align: center;"><b>Clinical Teaching</b></p> <p>Prof. Hiroshi Nishigori <i>Associate Professor, Center for Medical Education, Kyoto University, Japan</i></p>
	<p><b>Providing effective feedback during clinical teaching</b></p> <p>Dr. Diantha Soemantri <i>Department of Medical Education, Faculty of Medicine, University of Indonesia</i></p>
	<p><b>Clinical teaching in Unconventional Settings</b></p> <p>Prof. Aloka Pathirana <i>Department of Surgery, Faculty of Medical Sciences, University of Sri Jayewardenepura</i></p>

	<b>Discussion</b>
1.00 – 2.00pm	<b>Lunch, poster &amp; Debate</b> ‘Decriminalizing commercial sex will reduce Sexually Transmitted Infections’
2.00 – 3.30 pm	Free paper session 6
3.30 – 5.00 pm	<b>Symposium 15</b> <b>Emerging use of mobile technology in health</b>
	<b>Using mobile technology for health</b> Dr. T. Prabhu <i>Clinical Director, GE India</i>
	<b>mHealth: The global picture</b> Dr. Roshan Hewapathirana <i>Research Fellow, Department of Informatics, Faculty of Mathematics and Natural Sciences, University of Oslo, Norway</i>
	<b>mHealth Applications in the Ministry of Health : Today and Tomorrow.</b> Dr. Chaminda Weerabaddana <i>Medical Officer - Health Informatics, Office of Deputy Director General (Dental Services), Ministry of Health</i>
5.00 – 05.30 pm	Tea
05.30 pm onwards	Dr. S.C. Paul oration (Hall A)

<b>Wednesday, 8<sup>th</sup> July - Day 3</b>		
07.30 – 08.30am	Breakfast meeting <b>Building the next generation of Health professional leaders</b>	Registration
08.30 -09.00am	<b>Plenary 3</b> <b>Pathophysiology, diagnosis and treatment of gastroesophageal reflux</b> Prof. John O. Clarke Clinical Director, Johns Hopkins Bayview Gastroenterology/Hepatology Clinical Director, Johns Hopkins Center for Neurogastroenterology Associate Professor of Medicine, Division of Gastroenterology & Hepatology, Johns Hopkins University	
09.00 – 09.45am	Dr. S. Ramachandran Memorial Oration “ <b>Epidemiology of migration and mental health in Sri Lanka: local insight for a global impact</b> ”	

	Dr. Chesmal Siriwardhana
<b>Hall A</b>	<b>Surgery</b>
9.45 -10.15am	<p><b>Guest lecture 7</b></p> <p><b>The diabetic foot: a surgical perspective</b></p> <p>Dr. Ajit Kumar Varma Senior Consultant Department of Diabetic lower limb and foot and ankle surgery Aster Medcity, Kochi, Kerala, India</p>
10.15-10.45am	Tea and poster viewing
10.45 am - 12.15 pm	<p><b>Symposium 16</b></p> <p><b>Safe homes and safe roads: preventing child injuries in Sri Lanka</b></p> <p><b>Overview of Childhood Injuries in Sri Lanka</b> Dr. Kapila Jayaratne Chairperson – Expert Committee on Ergonomics – SLMA</p> <p><b>Options for Child Injury Prevention</b> Mr. Eric Chalmers, Chief Executive, KidSafe ACT, Child Accident Prevention Foundation of Australia</p> <p><b>Safety in adolescence</b> Dr. Manjula Danansuriya Consultant Community Physician, Expert Committee on Ergonomics, SLMA</p> <p><b>Care for the Injured Child</b> Dr. Sanjaya Abeygunasekara Consultant Surgeon – Lady Ridgeway Children’s Hospital</p> <p><b>SLMA Contribution in Child Injury Prevention</b> Dr. Sameera Senanayake Convener, Expert Committee on Ergonomics, SLMA</p> <p>Discussion / Questions</p>
12.15 – 01.15pm	<p>Lunch, poster viewing and Debate</p> <p><b>“Professional fees of the Private consultations of the professionals should be Peer Reviewed and not Administrator Reviewed”</b></p>
1.15 -2.45pm	Free paper session 7
2.45 – 4.15pm	<p><b>Symposium 19</b></p> <p><b>Case scenario based symposium on the management of the threatened diabetic foot</b></p> <p><b>How do I assess this foot?</b> Dr. Nalaka Gunawansa</p>



	<i>Consultant Vascular Surgeon</i>
	<b>How do I dress this wound?</b> Dr.Ranjuka Ubayasiri <i>Consultant Vascular Surgeon</i> Dr.Rezni Cassim, <i>Consultant Vascular Surgeon</i> Prof. Ajit Varma
	<b>How do I treat infection?</b> Dr. Ranjuka Ubayasiri
	<b>How do I off load this ulcerated diabetic foot?</b> Prof. Ajith Kumar Varma <i>Senior Consultant, Department of Diabetic lower limb and foot and ankle surgery, Aster Medcity, Kochi, Kerala, India</i>
	<b>How do I manage ischaemia?</b> Dr. Rezni Cassim
	<b>Summary</b> Prof. Mandika Wijerathne <i>Consultant Surgeon and Professor, Department of Surgery, Faculty of Medicine, University of Colombo</i>
4.15pm	Tea
7.30 pm onwards	Banquet

Hall B	Customized care in Neurology, Dermatology and oncology
09.45 -10.15am	<b>Guest lecture 8</b> <b>The story a seizure behaviour tells us</b> Prof. Manjari Tripathi, Professor Neurology, NIH Fellow (UCLA), Department of Neurology, Neurosciences Centre, All india Institute of Medical Sciences, New Delhi
10.15 – 10.45pm	Tea and Poster Viewing
10.45 – 12.15pm	<b>Symposium 17</b> <b>Cosmetic surgery and cosmetic dermatology</b> <b>Beauty is skin deep</b> Dr. Niranjan Ariyasingha <i>Consultant Dermatologist, Base Hospital, Wathupitiwala</i>

	<p><b>Defeat ageing with aesthetic medicine</b>  Dr. Nayani Madarasingha  <i>Consultant Dermatologist, Teaching Hospital, Anuradhapura</i></p>
	<p><b>Surgical aspects of aesthetic dermatology</b>  Dr. Thushan Beneragama  <i>Consultant Plastic Surgeon, National Hospital of Sri Lanka</i></p>
12.15-01.15pm	<p>Lunch, poster viewing and Debate  <b>“Professional fees of the Private consultations of the professionals should be Peer Reviewed and not Administrator Reviewed” (Hall A)</b></p>
01.15- 02.45pm	Free paper session 8
02.45 – 04.15pm	<p><b>Symposium 20</b>  <b>Personalized Medicine in Oncology</b></p>
	<p><b>Introduction To Personalized Medicine In Oncology</b>  Dr. Mahendra Perera  <i>President, Sri Lanka College of Oncologists</i></p>
	<p><b>Tree Revolutions In Cancer Therapy</b>  Dr. Tan Wu Meng,  <i>Consultant, Medical Oncology, Parkway Cancer Centre, Parkway Group Of Hospitals – Singapore</i></p>
	<p><b>Practical Implementation Of Personalized Cancer Therapy</b>  Dr Sachini Rasnayake  <i>Consultant Oncologist, Provincial General Hospital, Badulla</i></p>
04.15 pm	Tea
7.30 pm onwards	Banquet
<b>Hall C</b>	<b>Health of Special categories</b>
09.45 -10.15am	<p><b>Guest lecture 9</b>  History, Health care and Challenges of Health of Estate Workers in Sri Lanka  Dr. Nithershini Periyasamy  <i>Consultant Community Physician, Directorate of Estate and Urban Health Unit, Ministry of Health</i></p>
10.15 – 10.45 am	Tea and Poster Viewing
10.45 am – 12.15 pm	<p><b>Symposium 18</b>  <b>Hot Topics in Sports Medicine</b></p>
	<p><b>Introduction to Sports Medicine and Injury Prevention</b>  Dr. Asela Ratnayake  <i>Sports Medicine Unit, Peradeniya Teaching Hospital</i></p>

	<p><b>Planning an exercise schedule scientifically</b> Dr. Harindu Wijesinghe <i>Consultant Rheumatologist and Specialist in Sports Medicine, Nawaloka Hospital</i></p>
	<p><b>Anti-doping legislation in Sri Lanka</b> Prof. Arjuna de Silva <i>Head, Department of Medicine, Faculty of Medicine, University of Kelaniya</i></p>
	<p><b>Drug Doping Testing and Prescribing in Sports Medicine</b> Dr. Kithsiri Perera <i>Sports Medicine Unit, Colombo South Teaching Hospital</i></p>
12.15- 01.15pm	<p>Lunch, poster viewing and Debate <b>“Professional fees of the Private consultations of the professionals should be Peer Reviewed and not Administrator Reviewed” (Hall A)</b></p>
01.15 – 02.45pm	Free paper session 9
02.45 – 04.15pm	<p><b>Symposium 21</b> <b>Illness and health among doctors: do carpenters have good furniture?</b></p> <p>Introduction</p> <p><b>Doctors' Health: Is It Important?</b> Prof. Saroj Jayasinghe <i>Consultant Physician and Professor in Department of Clinical Medicine, Faculty of Medicine, University of Colombo</i></p> <p><b>The Precursors Study: The John Hopkins longitudinal study on health and illness of doctors</b> Prof. Padmini D Ranasinghe <i>Director, Hospitalist Education Programs, Assistant Professor of Medicine, Johns Hopkins Hospital, USA</i></p> <p><b>Preventive health and Simple Health Tips for a Busy Doctor</b> Dr. Prasad Katulanda <i>Consultant Endocrinologist and Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo</i></p>
04.15 pm	Tea
07.30 pm onwards	Banquet

**Thursday, 9<sup>th</sup> July 2015**

Post-congress workshop 1 <b>Peer Assisted learning</b> Board Room, Faculty of Medicine, Colombo 8.30 – 11.00 am	
	<b>Chair: Prof Jennifer Perera</b>
8.30 – 9.00 am	<b>Introduction</b> Prof. Joachim Perera <i>Associate Professor, Department of Human Biology, International Medical University, Kuala Lumpur, Malaysia</i>
9.00 – 10.30 am	<b>Group activity: Identifying the different PAL activities in the host institution</b> Dr. Diantha Soemanthri <i>Department of Medical Education, Faculty of Medicine, University of Indonesia</i>
	<b>Group activity: Identifying the possible areas where PAL can be introduced to undergraduate education</b> Dr. Diantha Soemanthri  Dr. Kosala Marambe <i>Senior Lecturer, Medical Education Unit, Faculty of Medicine, University of Peradeniya.</i>
	<b>Group activity: Strategies to initiate, implement and monitor PAL</b> Prof. Joachim Perera Dr. Kosala Marambe
10.30 – 10.50 am	Measures to overcome challenges Prof. Joachim Perera
10.50 – 11.00 am	Closing remarks Prof. Joachim Perera
<b>Sunday, 12<sup>th</sup> July 2015</b>	
Post-congress workshop 2 <b>Managing the Obese Patient - Combining Treatment Modalities</b> Lionel Memorial Auditorium, SLMA 9.00 am -1.00pm	
9:00 - 9:30 am	<b>Magnitude of the problem and overview of the management</b> Dr. Prasad Katulanda

	<i>Consultant Endocrinologist/Diabetologist, National Hospital of Sri Lanka and Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo</i>
9:30 – 10:00 am	<b>Childhood obesity</b> Prof. Pujitha Wickramasinghe <i>Consultant Paediatrician, Department of Paediatrics, Faculty of Medicine, University of Colombo.</i>
10:00 – 10:30 am	<b>Body composition assessment</b> Dr. Pulani Lanerolle <i>Senior Lecturer, Department of Biochemistry, Faculty of Medicine, University of Colombo.</i>
10:30-11:00 am	Tea
11:00 – 11:30 am	<b>Lifestyle modification</b> Dr. Sudheera Kalupahana <i>Consultant Nutritionist, Faculty of Medicine, University of Peradeniya</i>
11:30 am – 12:00 pm	<b>Surgical Management</b> Prof. Ishan de Zoysa <i>Consultant Surgeon, Department of Surgery, Faculty of Medicine, University of Colombo.</i>
12:30 – 1:00 pm	<b>Cognitive Behavior Therapy</b> Dr. Asiri Rodrigo <i>Consultant Psychiatrist, Senior Lecturer, Faculty of Medicine, University of Kelaniya</i>